

envision eye health clinic, inc.

Experience your world in style.

TO MAINTAIN HEALTHY EYES I SHOULD:

- Wash my hands thoroughly prior to handling contact lenses.
- •RUB and RINSE my contact lenses with approved solutions after each use.
- •Use FRESH SOLUTION DAILY to clean and store my contact lenses.
- CHANGE my contact lenses case every three months.
- •Use only APPROVED contact lens care products.
- Keep the lids CLOSED tightly on my case and solution.
- •FOLLOW all standard contact lens care procedures taught to me.

If you experience any discomfort with your eyes please call us @ 250.649.2020

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MY EYES CAN BE PERMANENTLY DAMAGED IF I

- Top up the solution in the contact lens case after taking the contact lenses out.
- Soak my contact lenses in saline, rewetting drops, artificial tears or tap water.
- •Wear contact lenses with debris on them that I can see.
- Wear contact lenses when my eyes are red, sore, irritated, etc...
- •Wear my contact lenses for longer than the allowable periods.
- •Sleep with contact lenses that are not approved for such use or when instructed NOT to do so
- Touch the tip of the solution bottle to anything.
- •Wear contact lenses that are ripped or are missing a piece off the edge.

"While Enjoying Your Contact Lenses, Please Take Care Of Your Eyes."

- •We highly recommend having an annual Corneal and Contact Lens exam to maintain eye health and comfort.
- Your contact lenses should not be dry or irritating at the end of the day.
 If you experience these conditions, please contact us and we will discuss available options to help you enjoy comfortable contact lens wear all day.
- Keeping a pair of glasses on hand will allow you to take a break from contact lens wear. Glasses are also good for those times that you cannot wear your contact lenses, including cases of injury, infection or illness.